N.S.S ACTIVITY

2020-21

NSS Volunteer Work During the COVID-19 Pandemic*

During the COVID-19 pandemic, many people faced difficult times. In this crisis, NSS (National Service Scheme) volunteers came forward to help their communities. One such NSS volunteer worked hard to support people during the pandemic by spreading awareness, providing help, and showing care for others. At the start of the pandemic, many people did not have correct information about the virus. The NSS volunteer took the responsibility to educate others. They went door-to-door, used phone calls, and shared messages on social media to explain the importance of wearing masks, washing hands, keeping distance, and getting vaccinated. This helped reduce fear and confusion among people. The volunteer also helped at vaccination centers. They guided people to follow social distancing and helped elderly and disabled persons get vaccinated. They made sure the process went smoothly and safely.

Mental health was another big problem during the pandemic. Many people felt lonely and scared. The NSS volunteer called people regularly to check on them and offer emotional support. They also helped organize online sessions with mental health experts to help people feel better and stay positive.

Sanitization was very important to stop the spread of the virus. The NSS volunteer joined sanitization drives in public places like markets, schools, and temples. This helped keep the environment clean and safe for everyone.

Throughout the pandemic, the NSS volunteer worked with courage and kindness. They followed the NSS motto — "Not Me, But You" — by thinking about others and helping them. Their work gave strength and hope to the community during a very tough time.







